



**PROBLEM GAMBLING
AWARENESS MONTH**
→ EVERY STORY MATTERS

#PGAM2024

MARCH IS PROBLEM GAMBLING AWARENESS MONTH



→ **WHAT IS PROBLEM GAMBLING?**

Problem gambling (sometimes referred to as “gambling addiction” or “gambling disorder”) is gambling behavior that is damaging to a person or their family, often disrupting their daily life and career. Anyone who gambles can be at-risk for developing a gambling problem. Gambling disorder is a recognized mental health diagnosis.

→ **WHO IS AT RISK FOR PROBLEM GAMBLING?**

Anyone who gambles can develop problems. This is why it is important to be aware of the risks and to gamble in a responsible way, if you choose to gamble.

→ **CAN CHILDREN OR TEENAGERS DEVELOP GAMBLING ISSUES?**

Research shows that a vast majority of kids have gambled before their 18th birthday, and that children may be more likely to develop issues related to gambling than adults.

→ **HOW WIDESPREAD IS PROBLEM GAMBLING IN THE U.S.?**

2 million (1%) of U.S. adults are estimated to meet criteria for a gambling disorder in a given year. Another 4-6 million U.S. adults (2-3%) are considered to have problems related to gambling.

Help is available for problem gambling. Call **888.789.7777** or visit **CCPG.ORG**. 